

THE SAWNEE HIGHLINER

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Here's to
a BRIGHT 2023!

Another holiday season has come and gone and most of us are now ready for a fresh start. Here's an idea... let's all make a New Year's resolution to be more energy efficient. To give you a head start, the staff of Sawnee EMC has compiled a list of simple things you can do to help your home or business conserve energy.

LIGHTING:

This is perhaps the easiest way to increase energy efficiency. It can be as simple as changing a commonly used light bulb.

- Upgrade to LEDs in lights that are used most often. They are more affordable than ever, are far more efficient than traditional incandescent bulbs, and last much longer.
- For outdoor lighting, use photocells, which automatically turn on when it gets dark.
- Motion sensor lighting is a great option. A combined motion sensor and photocell unit is the best of both worlds.

HEATING AND COOLING:

Avoiding air leaks can go a long way in keeping your home comfortable, especially as we find ourselves in the coldest months of the year.

- Having proper insulation in the attic, crawl space and other areas can help significantly. Plus, Sawnee EMC offers a rebate for certain attic insulation upgrades.
- Windows are frequent culprits of pesky air leaks, so seal around the frames with caulk or weather stripping.
- Check, clean or change your HVAC filters once a month, or as needed.
- Close fireplace dampers when not in use. Unless dampers are closed in the winter, it's warm air that will do the escaping.

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QUOTABLE QUOTE

**If opportunity doesn't
knock, build a door."**

— Milton Berle

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Bright 2023!*Continued from page 1***WATER HEATING:**

A hot shower or bath on a cold day is one of life's simple pleasures; but be sure you are using hot water only when necessary.

- It's to your energy advantage to wash only full loads of dishes and clothes.
- Washing clothes in cold water using cold-water detergent is a great way to save energy.
- When the time comes to replace your water heater, choose an ENERGY STAR qualified unit. This advice can also apply to a wide range of other appliances and electronics.

Keep in mind, this list is just the tip of the iceberg. Visit sawnee.coop/energy for more tips and advice on ways to get the most out of energy. Happy New Year to you and yours!

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Office of the Asst. Secy. for Civil Rights
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10 Sawnee EMC's Quick Tips to Avoid High Winter Energy Bills



Looking to lower your bills this winter?
Use the 10 tips below to conserve energy.

-  Seal air leaks and insulate well to prevent heat from escaping and cold air from entering your home.
-  Reduce wasted heat by installing a programmable thermostat.
-  Turn off lights when not in use.
-  Lower your water heater temperature. The Dept. of Energy recommends using the warm setting (120 degrees) during fall and winter months.
-  Unplug electronics like kitchen appliances and TVs when you're away.
-  Open blinds and curtains during the day to allow sunlight in to warm your home.
-  Close blinds and curtains at night to keep cold, drafty air out.
-  Use power strips for multiple appliances, and turn off the main switch when you're away from home.
-  Wash clothes in cold water, and use cold-water detergent whenever possible. Simply use less water.
-  Replace incandescent light bulbs with LEDs, which use at least 75 percent less energy.

Questions? Please contact our Energy Services Team at 770-887-2363 or via email at energy_services@sawnee.coop.

Source: U.S. Dept. of Energy

Sawnee EMC Wants to Help You Start the New Year with New Savings.



Visit sawnee.com to learn about programs to help you save energy and money.

Questions? Contact a member of our Energy Services Team at energy_services@sawnee.com or call 770-887-2363.

Here's WATTS Cookin' Apple Butter Bread

Ingredients:

2 cups plain flour	2 eggs	2 Tbsp. milk
1 cup butter or margarine, melted	1/2 tsp salt	1 1/2 tsp. cinnamon
3 tsp. baking powder	3/4 cup apple butter	1/2 cup chopped pecans
	1 cup white sugar	1/2 cup raisins

Instructions:

Sift together flour, baking powder, salt, sugar, and cinnamon. In a large bowl, combine eggs, melted butter, apple butter, and milk. Beat well. Stir in pecans and raisins. Add flour mixture, stirring just until dry ingredients are moistened. Spoon batter into a greased and floured 9x5x3 inch loaf pan. Bake at 350 degrees for 1 hour and 5 minutes or until a toothpick inserted in the center is clean. Cool in pan 10 minutes. Remove from pan and place on wire rack and cool completely.



Thanks to Peggy Anderson for the recipe! Do you have a recipe to share with us? If we print it, we'll credit your account \$5.00. Send your favorite recipe to marketing@sawnee.coop.