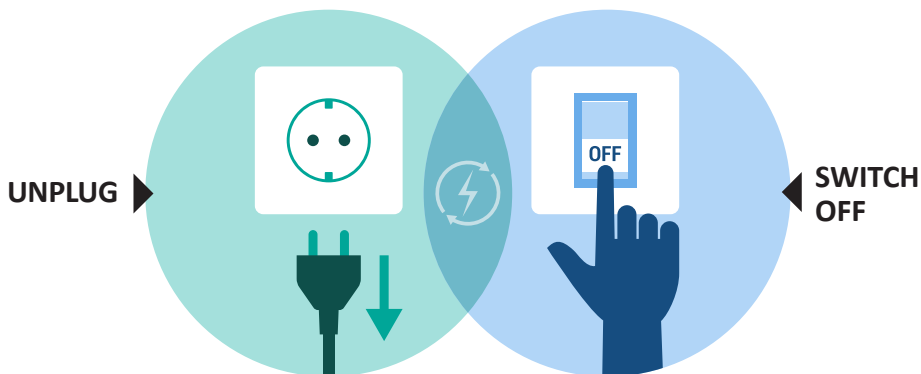


THE SAWNEE HIGHLINER

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Slaying Energy Vampires



Did you know that you might be sharing your home with energy vampires? This occurs when electronic devices continue to use electricity even when they aren't being used at the time. On average, these items can be responsible for up to 10% of the electricity you consume each month.

Sawnee EMC can help you drive a stake through the heart of these vampires, thus saving you energy and money. One way to identify energy vampires is to look for devices with remote controls (e.g. TVs, DVRs, and audio equipment). Then target gaming consoles, computers, monitors, and printers, as well as chargers for cell phones, small DVD players, and laptops.

Chargers draw or use energy even when they're not charging a device. An easy way to seal the coffin on energy vampires is to plug components of your computer or home entertainment system into a power strip. With a single flip of a switch, you can completely cut their use of power.

Ready to see what your energy vampires are costing you? Visit our online Energy Vampire Slayer at sawnee.coop/vampires to see how these common items can affect your energy consumption.

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QUOTABLE QUOTE

In the end, it's not the years in your life that count. It's the life in your years."

— Abraham Lincoln

This institution is an equal opportunity provider and employer.

FALL ENERGY SAVING TIPS

Autumn brings with it a whole new set of chores, from raking leaves to winterizing all your outdoor items. It is also the time of year when most of us fire up our heating system for the first time in months. If you have energy efficiency on your mind this fall, use these tips to make sure you're set up to save.

MAINTAINING YOUR FURNACE



- Check your air filter regularly; clean or replace it at least every other month. A clogged filter forces your HVAC system to work harder, which wastes energy.
- In the heating mode, experts recommend you set the thermostat on 68 degrees.
- Check for leaky air ducts. With your system running, use your hand to feel along the length of accessible ductwork. If you find a leak, seal it with mastic or duct tape.

SEALING AND INSULATING



- Locate and seal air leaks around your home. You probably already know where your home's drafty areas are, but even hidden drafts can hurt your energy efficiency. You can seal these gaps with caulk or spray foam.
- Inspect weather stripping and replace it as needed. The rubber gaskets around your doors and windows are great at blocking drafts, but only when it is in good condition. If it's dry, cracked or damaged, it's time to replace it. Self-adhesive strips are available at most hardware stores and are easy to install.
- Take a quick look in your attic if possible. Add attic insulation if your existing insulation is insufficient. This is one of the most important thermal barriers in your home. Sawnee's Energy Services Experts recommends an insulation value of R-49 in the attic.
- Consider installing foam gaskets behind light switches and outlet covers on exterior walls, especially if these areas feel drafty. They may be weak spots in your wall insulation.

KEEPING WARM



- Run your ceiling fans clockwise and at low speeds during heating season. This will redistribute the warmest air in the room, which is near the ceiling allowing you to set the thermostat a little lower without sacrificing comfort.
- Open the shades on sun-facing windows during the day to get free solar heat, but close them after dark to add a little extra insulation. Heavy drapes work best.
- Dress in warm clothes around the house. If you feel cold, try throwing on one more layer before turning up the thermostat.
- Make sure your HVAC vents aren't blocked by furniture, drapes or other obstructions. To help them direct warm air into the center of the room, you can buy easy-to-install vent deflectors.

Questions? Contact a member of our Energy Services Department at 770-887-2363 or via email at marketing@sawnee.coop.



CO-OPS GROW

COMMUNITIES

Electric cooperatives are joining co-ops across the U.S. to celebrate National Co-op Month.

As your local electric co-op, our services are shaped to meet your specific needs. We love growing with you, the members we are proud to serve.

October is National Co-op Month, and Sawnee EMC is joining cooperatives across the U.S. to celebrate. Co-ops come in all shapes and sizes, but they each have a common goal: to provide goods or services for the members of the co-op.

Electric co-ops, including Sawnee EMC, exist to serve their members. Our priority is to provide affordable, reliable energy to you and our local communities. Because we are led by you, the members we serve, we can evolve to meet your needs. Your satisfaction is our number one goal. It's why we were formed many years ago to fulfill a uniquely local purpose. We've come a long way since then, and your needs continue to evolve. This October, as we celebrate Co-op Month, we're focusing on the ways "Co-ops Grow" for their members.

Co-ops help communities grow by promoting economic empowerment, fostering community engagement and supporting the unique needs of co-op members. Whether through school demonstrations, community events or the Electric Cooperative Youth Tour program, we're committed to providing opportunities for local youth to learn and thrive in our community and beyond. Co-ops are all about cooperation, not competition. That's why electric co-ops work together to share lessons learned, successful strategies and better ways to serve our members. We're better when we grow together... and that's why we'll never stop growing for you!

Sawnee EMC is #1 in Customer Satisfaction
with Residential Electric Service among Cooperatives,
2 out of 3 Years!



For J.D. Power 2022 award information, visit jdpower.com/awards



Sawnee Foundation Accepting Applications for 2024 Youth Scholarships

Remember! Applications must be received at Sawnee EMC by 5:00 p.m. on January 12, 2024 to be considered.

In the spring of 2024, the Sawnee Electric Membership Foundation will be awarding scholarships to a group of excellent students residing in Sawnee's service area. High school seniors, including public, private and home-schooled

students, who live in a household served by Sawnee EMC, may apply.

Applications are available on the website at sawnee.coop/scholarships. Students may also visit their high school

guidance office for an application. Completed applications must be received at Sawnee EMC by 5:00 p.m. on January 12, 2024 to be considered.

Over the past 18 years, the Sawnee Foundation scholarship has benefited hundreds of local students and awarded over \$1 million in scholarships. The program is reserved solely for students whose parent or guardian are members of Sawnee EMC. The funds used for the scholarship program are derived from unclaimed and abandoned patronage capital and does not come from the Cooperative rate base.

For additional questions on this program, please contact Sawnee EMC's Marketing Department at 770-887-2363 or via email at marketing@sawnee.coop.

Here's WATTS Cookin' Pumpkin Pecan Cobbler

Dry Ingredients:

1 Cup + 3 T flour
1/2 t nutmeg
2 t baking powder
1/2 t cloves
1/2 t salt
1 1/2 t cinnamon
3/4 cup sugar

Wet Ingredients:

1/2 cup pumpkin puree
1/4 cup melted butter
1/4 cup milk
3 T vanilla

Topping:

1/4 cup sugar
1/2 cup brown sugar
1/4 cup chopped pecans
1 1/2 cup hot water



Instructions:

Heat oven to 350. Combine dry ingredients, set aside. Combine wet ingredients, add dry ingredients and mix well to make a thick batter. Put into 8" x 8" casserole sprayed with Pam. Mix topping & sprinkle over batter. Pour hot water over (do not stir) & bake for 40 min. Serve with vanilla ice cream, if desired. To make gluten-free, use gluten-free flour.

Thanks to Cindy Gardner for the recipe! Do you have a recipe to share with us? If we print it, we'll credit your account \$5.00. Send your favorite recipe to marketing@sawnee.coop.